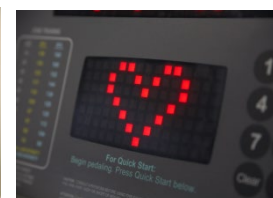
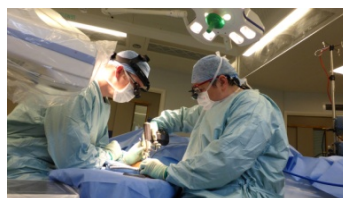


Mental Health Strategy

Sarah Turner
Assistant Chief Nurse Vulnerable Adults



BTHFT Mental Health Strategy 2021-2023

OUR VISION

To promote, protect and improve positive mental health whilst providing outstanding physical care.

OUR VALUES

We care • We value People • We are one team

STRATEGIC OBJECTIVES

To deliver outstanding care for patients

To be continually learning

To collaborate effectively with local and regional partners

PRIORITIES

Training – Health Promotion - Safe therapeutic Environments -
Signposting to specialist service - De-escalation

Workforce – Specialist lead post - Staff well being - Awareness
campaigns - Supporting students

Information sharing – Appropriate access - Reduction in repetition
- Development of EPR templates

Partnerships – Improved discharge planning - Reducing health
Inequality - Pathway planning - Patient experience

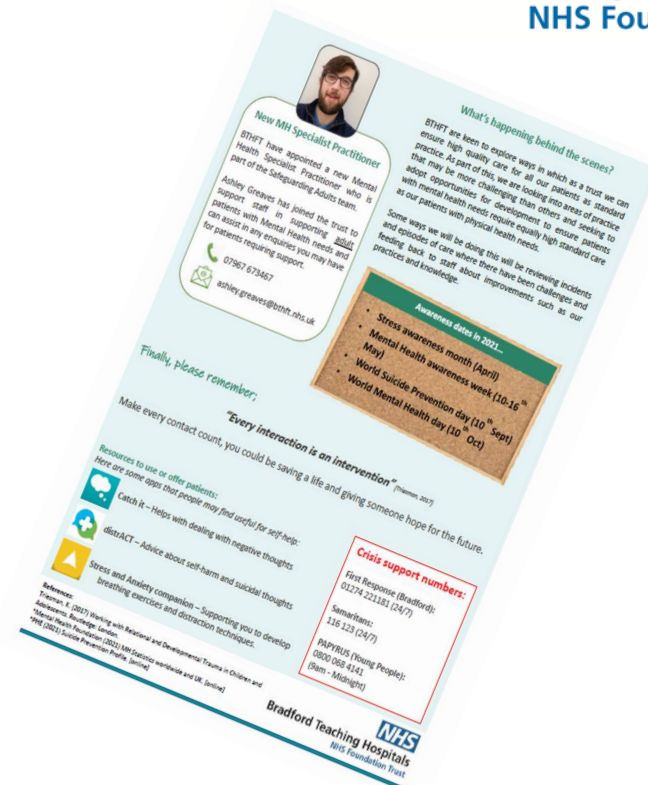
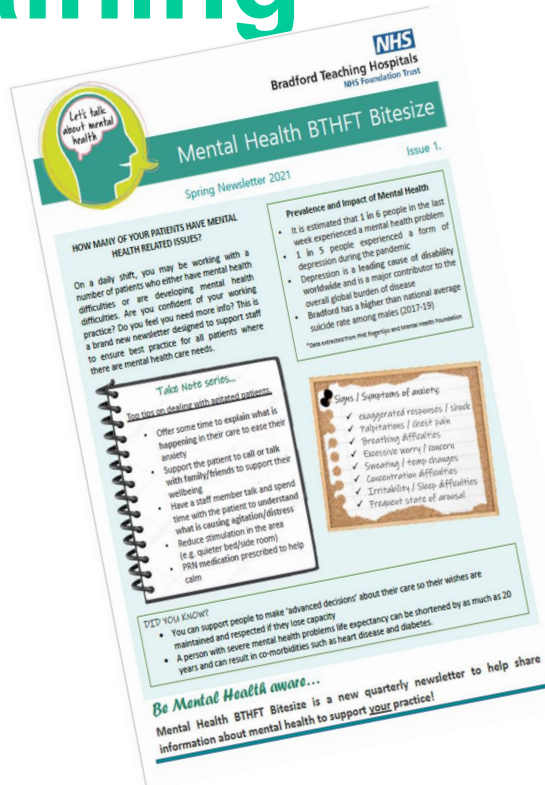
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- Approximately 1 in 4 people in the UK will experience a mental health problem.
- Patients with a mental health/illness diagnosis are at three times greater risk of premature death and a reduced life expectancy of approximately 20 years. With suicide accounting for 25% of deaths.

Training



Develop training of all levels
Conflict resolution, de-escalation, breakaway and restraint per role requirement
Therapeutic environments

Workforce



#ourNHSpeople



- Specialist post
- Existing workforce
- Embedding in establishment
- Support
- Student placements

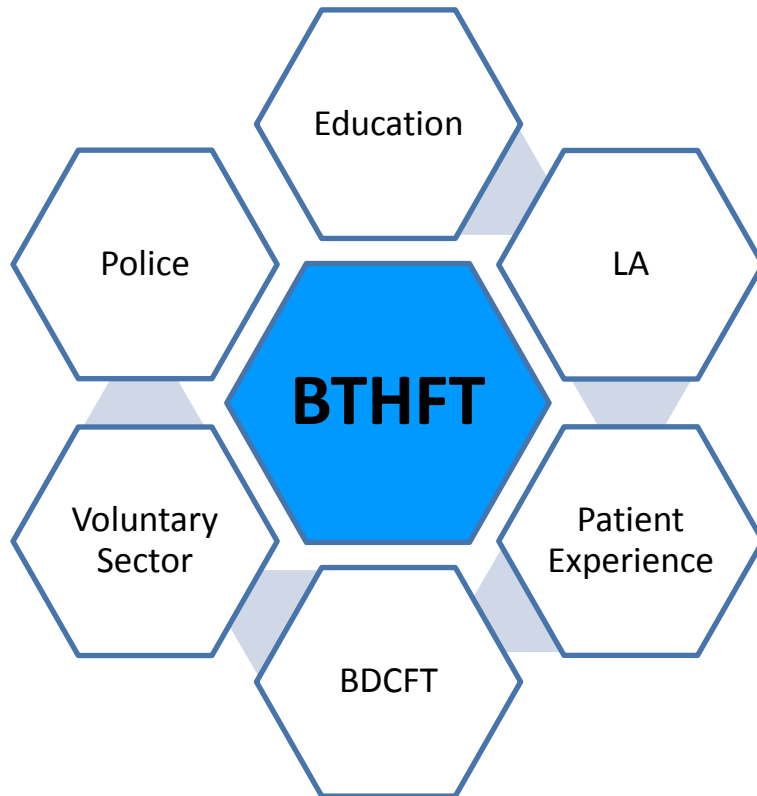
Information Sharing



- EPR development
- Shared access across systems
- Increased understanding re information sharing
- Learning from concerns



Partnerships



- Shared governance
- Reducing inequalities
 - Developing service
 - Co design of service
 - Opportunities